

Athletic Clearance Information

- ALWAYS KEEP HARD COPIES OF YOUR FORMS.
- YOUR ECG IS GOOD FOR 4 YEARS BUT DOCUMENTS NEED TO BE UPLOADED EACH YEAR.
- NEVER BRING HARD COPIES OF YOUR FORMS TO THE SCHOOL TO TURN IN.

Clearance process is required for ALL sports, JROTC, competitive dance teams, marching band, and color guard

Required forms:

- Take copies with you to your appointment(s)
- Check that the physician office is using the correct documents
- **School Health forms are not valid for athletic participation**

1. Pre-Participation Physical

- 2026-2027 FHSAA EL2 Preparticipation Physical Exam - [click here](#)
 - A physical is required annually. Valid for 365 days.

2. ECG Screening

- 2026-2027 FHSAA EL1 Electrocardiogram (ECG) Screening - [click here](#)
 - This form is required for new athletes receiving new / first ECG.
 - ECG is required once. Valid for 4 years of high school participation.
 - The form is required to be uploaded annually.
- OCPS Cardiology Report Form - [click here](#)
 - This form is required for returning athletes resubmitted previous ECG documentation.
 - ECG is required once. Valid for 4 years of high school participation.
 - The form is required to be uploaded annually.
- ECG Screening Results
 - "Normal" ECG results provided by the physician / organization providing the screening.
 - The results are required to be uploaded annually.

3. NFHS Learn Courses

- Instructions for NFHS Learn Course completion - [click here](#)
 - Heat Illness Prevention
 - Concussion for Students
 - Sudden Cardiac Arrest
 - Sportsmanship
 - Courses are free, online, and required annually.

Online Athletic Clearance profile instructions:

- Read through the instructions below BEFORE starting.

Important information:

- **Processing Time:** Allow up to 2 school days for processing paperwork (2-3 weeks in summer). **Same-day clearance is not possible.**

- **Annual Clearance:** Online clearance is required before summer conditioning and at the beginning of each school year, even if the physical is still valid. Online clearance profiles and medical information must be updated annually. Your previous year's online clearance profile is no longer valid after the last day of the school year.

Go to <https://www.homecampus.com/login>

- The site has been updated. Everyone must make a new account.
- Create an account with a valid **parent/guardian** email and password (parent/guardian email MUST be used).
- The email used will act as your username.
 - Need to access your files from the previous year(s)?
 - Go to <https://athleticclearance.fhsaahome.org/>
 - Go to files and download files that are valid.
 - Physicals are valid for 365 days. ECGs are valid for 4 years.

Click "Start Clearance Here"

- Choose:
 - State: Florida
 - School: University (Orlando)
 - Year: 2026-27
 - Sports: Select ALL potential sports (harder to add later).

Click "Next"

Complete all fields:

- Student information
 - Parent/guardian information
 - Medical history
 - Signature forms (exact match to the names on the student & parent/guardian page – it is case sensitive).
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Upload required forms:

- **Pre-Participation Physical**
 - 2026-2027 FHSAA EL2 Preparticipation Physical Exam - [click here](#)
 - Upload Page 4.
 - All sections and all information must be completed in pen in order to be valid and accepted. No digital signatures will be accepted.
 - Please check: parent/student signatures in the middle of the page, physician's date/signature, and physician's office stamp with address.
 - A physical is required annually. Valid for 365 days.
- **ECG Screening**
 - 2026-2027 FHSAA EL1 Electrocardiogram (ECG) Screening - [click here](#)
 - This form is required for new athletes receiving new / first ECG.

- All sections and all information must be completed in pen in order to be valid and accepted. No digital signatures will be accepted.
- Please check: parent signature in the middle of the page, date of ECG screening, physician's date/signature.
- ECG is required once. Valid for 4 years of high school participation.
- The form is required to be uploaded annually.
- OCPS Cardiology Report Form - [click here](#)
 - This form is required for returning athletes resubmitted previous ECG documentation.
 - All sections and all information must be completed in pen in order to be valid and accepted. No digital signatures will be accepted.
 - Please check: parent signature at the top of the page, date of ECG screening, physician's date/signature
 - ECG is required once. Valid for 4 years of high school participation.
 - The form is required to be uploaded annually.
- ECG Screening Results
 - "Normal" ECG results provided by the physician / organization providing the screening.
 - The results are required to be uploaded annually.
- **NFHS Learn Courses**
 - Instructions for NFHS Learn Course completion - [click here](#)
 - Heat Illness Prevention
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 - Courses are free, online, and required annually.

Click "**Submit Your Completed Application**"

Clearance process: The student is not yet cleared. The UHS Athletic Training Department will review the submission.

- You will receive an email notification from Athletic Clearance once the student is **CLEARED**
- If **DENIED**, you will receive an email notification from Athletic Clearance stating what is missing / needed to be fixed.
- **Processing Time:** Allow up to 2 school days for processing paperwork (2-3 weeks in summer). **Same-day clearance is not possible.**
- **Questions:** Use the orange "Help" option at the bottom right of the screen.

Athletic Clearance FAQs:

Can I attend summer conditioning sessions using my 2025-2026 clearance?

- No. You must create your new 2026-2027 clearance profile and receive full clearance to attend summer conditioning / open gym sessions.

What is my Athletic Clearance username?

- Your username is the email address you used when registering. This must be a parent email. You should not use a student OCPS email address to register.

What if I want to play multiple sports or want to choose a different sport later?

- It is best to add all sports on the first step where you also select the school year and school. If you are registering for additional sports after completing your initial clearance for the year, you will have to complete the process again. However, you will be able to select the student and parent/guardian information from the dropdown on those respective pages to autofill.

What if I have more than one child? Do I need to create separate accounts for each?

- No. Once you click on 'Start Clearance Here' in your dashboard, you will select the year and school for whichever child you are completing it for. It will then give you the option of selecting a current child in your account, or adding another child. All children will then appear in your dashboard. You will have to complete all required steps and documentation for each child.

How do I turn in my forms to get cleared for athletics?

- All forms need to be uploaded digitally to your Athletic Clearance account under the files section of the profile. Please do not drop your forms off at the school. If you have trouble uploading files use the help option in Athletic Clearance or contact Kelsy Wickham at kelsy.wickham@ocps.net.

Why haven't I been cleared?

- The Athletic Training staff at University High School will review the information you have submitted and either Clear or Deny each student-athlete for participation. Please allow at least 48 school days for this process. During the summer months, clearances will be checked every Monday. If the student-athlete is cleared you will receive an email stating they are cleared. If something is missing or completed incorrectly, you will receive an email notification stating the student-athlete was denied. The email will also include steps you will need to take to obtain clearance for the student-athlete. Student-athletes are NOT allowed to participate of any kind until they are cleared

Still have questions?

- Please contact Kelsy Wickham at kelsy.wickham@ocps.net